

SAMMY SINNO

Plastic Surgeon
TLKM Plastic Surgery
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EDUCATION:

- 2005 B.S. Massachusetts Institute of Technology
- Major: Chemical Engineering
 - Minors: Biomedical Engineering, Music
- 2011 M.D. Loyola University of Chicago
- *Cum Laude*
 - Alpha Omega Alpha Honors Society
 - Honors in Research Program
 - USMLE Step 1=259/99
 - USMLE Step 2CK=255/99
 - USMLE Step 2CS, Step 3=Pass
 - NY State License

POSTDOCTORAL TRAINING:

- 2011-2012 General Surgery Internship, NYU Medical Center
- 2012-2016 Plastic Surgery Resident (combined program), Department of Plastic Surgery
NYU Medical Center, Bellevue Hospital Center, Manhattan VA, Memorial Sloan Kettering Cancer Center, Manhattan Eye, Ear, and Throat Hospital, Lenox Hill Hospital
- 2016-present Executive Chief Resident, Department of Plastic Surgery
NYU Medical Center

AMERICAN BOARD OF MEDICAL EXAMINERS CERTIFICATION:

- 2018-present Board Certified by the American Board of Plastic Surgery

GRADUATE CLINICAL AND RESEARCH EXPERIENCE:

- 2001-2003 Massachusetts Institute of Technology Undergraduate Research Opportunity Program
- Research focus: drug delivery systems
 - Mentor: Robert Langer, PhD
- 2003-2004 Research Fellowship, Loyola University of Chicago
- Research focus: heparin induced thrombocytopenia
 - Mentor: Jeanine Walenga, PhD
- 2005-2007 Research Fellowship, Northwestern Memorial Hospital
- Research focus: cardiac myocyte function, valvular calcification
 - Mentor: Robert Decker, PhD
- 2007-2011 Plastic Surgery Outpatient Clinic, Loyola University of Chicago
- Clinical focus: plastic surgery outpatient procedures
 - Mentor: Juan Angelats, MD
- 2009-2011 Research Fellowship, Center for Wound Healing and Tissue Regeneration at University of Illinois, Chicago
- Research focus: mucosal wound healing
 - Mentor: Luisa DiPietro, DDS, PhD

MANUSCRIPTS:

1. Lee DS, Sinno S, Khachemoune A. Honey and wound healing: an overview. *Am J Clin Dermatol.* 2011. 12(3):181-90.
2. Sinno S, Shah S, Kenton K, Brubaker L, Angelats J, Vandevender D, Cimino V. Assessing the safety and efficacy of combined plastic and gynecologic surgery. *Ann Plast Surg.* 2011. 67(3):272-4.
3. Sinno S, Lee DS, Khachemoune A. Vitamins and cutaneous wound healing. *J Wound Care.* 2011. 20(6):287-93.
4. Gassman A, Sinno S, Milner R, Gamelli R. Pyoderma gangrenosum: a new complication after groin exposure for attempted endovascular aortic stent-graft placement. *Vascular.* 2012. 20(3):170-3.
5. Decker RS, Nakamura S, Decker ML, Sausamuta M, Sinno S, Harris K, Klocke FJ, Kulikovskaya I, Winegrad S. The dynamic role of cardiac myosin binding protein-C

during ischemia. *J Mol Cell Cardiol.* 2012. 52(5):1145-54.

6. Levine SM, Sinno S, Levine JP, Saadeh PB. An evidence-based approach to the surgical management of pressure ulcers. *Ann Plast Surg.* 2012. 69(4):482-4.

7. Shah S, Sinno S, Vandevender D, Schwartz J. Management of thoracic aortic graft infections with the omental flap. *Ann Plast Surg.* 2013. 70(6):680-3.

8. Constantine FC, Lee MR, Sinno S, Thornton JF. Reconstruction of the nasal soft triangle subunit. *Plast Reconstr Surg.* 2013. 131(5):1045-50.

9. Haddock NT, Weinstein AL, Sinno S, Chiu DT. Thrombin and Topical Local Anesthetic for Postoperative Pain Management. *Ann Plast Surg.* 2014. 73(1): 30-2.

10. Levine SM, Sinno S, Levine JP, Saadeh PB. Current thoughts for the prevention and treatment of pressure ulcers: using the evidence to determine fact or fiction. *Ann Surg.* 2013. 257(4):603-8.

11. Sinno S, Salvino M, Vandevender D. Comparing Patient Satisfaction in Bilateral and Unilateral Breast Reconstruction. *Plast Surg Nurs.* 2014. 34(3): 141-5.

12. Dillon AB, Sinno S, Blechman K, Saadeh P. Functional Reconstruction of a Large Anterior Thigh Defect Using Contralateral Anterolateral Thigh Flap with Tensor Fasciae Latae and Motorized Vastus Lateralis. *J Reconstr Microsurg.* 2015. 31(1): 79-82.

13. Barr J, Sinno S, Cimino M, Saadeh P. Clinicians performing cosmetic surgery in the community: a nationwide analysis of physician certification. *Plast Reconstr Surg.* 2015. 135(1):92-98.

14. Sinno S, Mehta K, Squitieri L, Raganathan K, Koekert MS, Patel A, Saadeh PB, Thanik V. Residency Characteristics that Matter Most to Plastic Surgery Applicants: A Multi-Institutional Analysis. *Ann Plast Surg.* 2015. 74(6): 713-7.

15. Sinno S, Chang JB, Thorne CH. Precision in otoplasty: combining reduction otoplasty with traditional otoplasty. *Plast Reconstr Surg.* 2015. 135(5): 1342-8.

16. Sinno S, Chang JB, Saadeh PB, Lee MR. The role of depressor septi nasi manipulation in rhinoplasty: a systematic review. *Plast Reconstr Surg.* 2015. 135(5): 838e-848e.

17. Sinno S, Mehta K, Reavey PL, Simmons S, Stuzin JM. Current trends in facial rejuvenation: an assessment of ASPS members utilization of fat grafting during facelifting. *Plast Reconstr Surg.* 2015. 136(1): 20e-30e.

18. Sinno S, Barr J, Wilson S, Tanna N, Saadeh P. Public perceptions of plastic surgery: analysis and implications for the future of our specialty. *J Craniofacial Surg.* 2015. 26(4): 1238-41.
19. Sinno S, Wilson S, Billig J, Shapiro R, Choi M. Primary melanoma of the hand: an algorithmic approach to surgical management. *J Plast Surg Hand Surg.* 2015. 6(7): 2-7.
20. Sinno S, Schwitzer J, Anzai L, Thorne CH. Facelift satisfaction using the FACE-Q. *Plast Reconstr Surg. Plast Reconstr Surg.* 2015. 135(5): 1342-8.
21. Mehta K, Sinno S, Saadeh PB, Patel A. Swings and roundabouts: paradoxes of the away rotation. *Plast Reconstr Surg.* 2015. 136(2): 293e.
22. Barr JS, Sinno S, Saadeh PB. Reply letter to the editor: clinicians perform cosmetic surgery in the community: a nationwide analysis of physician certification. *Plast Reconstr Surg.* 2015. 136(2): 276.
23. Levine SM, Wilson SC, Sinno S, Rothwax J, Dillon A, Saadeh PB. Use of the morbidity and mortality conference to analyze patient death in plastic surgery: an 11-year single institution experience. *Ann Plas Surg.* 2014 Nov. Epub ahead of print.
24. Cleveland EC, Sinno S, Sheth S, Sharma S, Mussa FF. Neurovascular compromise due to true brachial artery aneurysm at the site of a previously ligated arteriovenous fistula: case report and review of the literature. *Vascular.* 2015. 23(6): 668-72.
25. Lee MR, Sinno S. Reply letter to the editor: the role of depressor septi nasi manipulation in rhinoplasty: a systematic review. *Plast Reconstr Surg.* 2016. 137(1): 243e-4e.
26. Sinno S, Lam G, Brownstone ND, Steinbrech DS. An assessment of gender differences in plastic surgery education and information in the United States: are we neglecting our male patients? *Aesthet Surg J.* 2016. 36(1): 107-10.
27. Sinno S, Rodriguez ED. Nuances and pearls of the free osteoseptocutaneous flap for reconstruction of a high-energy ballistic injury mandible defect. *Plast Reconstr Surg.* 2016. 137(1): 280-4.
28. Sinno S, Chang JB, Brownstone ND, Saadeh PB, Wall S. Determining the safety and efficacy of gluteal augmentation: a systematic review of outcomes and complications. *Plast Reconstr Surg.* 137(4): 1151-6.
29. Haskoor J, Sinno S, Blank A, Rapp T, Saadeh PB. Management of lower extremity and pelvis tumors using computer assisted modeling (CAM): a case series. *Bull Hosp Jt Dis.* 2016. 74(2): 176-9.

30. Matarasso A, Sinno S. Treatment of the aging neck with isolated neck lifting: a technical overview. *Plas Surg Pulse*. 2015.
31. Brownstone ND, Mehta K, Sinno S. Completing a basic science research year before the integrated plastic surgery match. *Ann Plast Surg*. 2015. 75(6): 583.
32. Sinno S, Thorne CH. Reply letter to the editor: the FACE-Q: a valuable tool for outcome assessment in facial aesthetic surgery. *Plast Reconstr Surg*. 137(6): 1051e.
33. Sinno S, Wilson SC, Brownstone ND, Levine SM. Current thoughts on fat grafting: using the evidence to determine fact or fiction. *Plast Reconstr Surg*. 2016. 137(3): 818-824.
34. Hidalgo DA, Sinno S. Current trends and controversies in breast augmentation. *Plast Reconstr Surg*. 2016. 137(4): 1142-50.
35. Sawh-Martinez R, Sinno S, Flores R. Surgical simulator training for plastic surgery residents around the world. *Plast Reconstr Surg*. Epub ahead of print.
36. Sinno S, Mehta K, Lee Z, Kidwai S, Saadeh PB, Lee M. Inferior turbinate hypertrophy in rhinoplasty: systematic review of surgical techniques.” *Plast Reconstr Surg*. 2016. 138(3): 419e-29e.
37. Joseph WJ, Sinno S, Brownstone ND, Mirrer J, Thanik VD. Creating the perfect umbilicus: a systematic review of recent literature. *Aesthetic Plast Surg*. 2016. 40(3): 372-9.
38. Steinbrech D, Sinno S. Utilizing the power of fat grafting to obtain a naturally-appearing muscular “6-pack” abdomen. *Aesthetic Surg J*. 2016. 36(9): 1085-8.
39. Sinno S, Zide BZ. Chin ups and downs: avoiding bad results in chin reoperation. *Aesthetic Surg J*. 2017. 139(1): 170-175.
40. Sinno S, Kadle R, Tanna N, Zide BZ. The need for overcorrection when using a suborbital deep-plane cervicofacial hike flap. *J Craniofacial Surg*. 2017. 28(1): 122-24.
41. Hidalgo DA, Baranski J, Sinno S. Aesthetic surgery in lung cancer patients: a paradigm shift. *Plast Reconstr Surg Global Open*. 2016. 4(10):e1086.
42. Sinno S, Rodriguez ED. Definitive management of persistent frontal sinus infections and mucocele with a vascularized free fibula flap. *Plast Reconstr Surg*. 2017. 139(1): 170-175.
43. Levine SM, Sinno S, Cannavo D, Baker DC. SSRI-induced hyponatremia and the

plastic surgery patient. *Plast Reconstr Surg.* 2017. 139(6): 1481-88.

44. Heidekrueger P, Sinno S, Hidalgo DA, Colombo M, Broer NP. Current trends in breast augmentation: an international analysis. *Aesthetic Surg J.* 2017. Epub ahead of print.

45. Heidekrueger P, Sinno S, Tanna N, Szpalski C, Juran S, Schmauss D, Ninkovic M, Broer NP. The ideal buttock size: a sociodemographic morphometric evaluation. *Plast Reconstr Surg.* In press.

46. Vieira B, Chow I, Sinno S, Dorfman R, Gutowski K. Is there a limit? A risk assessment model of liposuction and lipoaspirate volume on complications in abdominoplasty. *Plast Reconstr Surg.* 2018. 42(3): 892-901.

47. Sinno S. The cosmetic ladder: familiar structure, new commitment. *Plast Reconstr Surg.* 2017. 140(3): 519-520e.

48. Wilson SC, Daar DA, Sinno S, Levine SM. Public interest in breast augmentation: analysis and implications of google trends data. *Plast Reconstr Surg. Aesthetic Plast Surg.* 2018. 42(3): 648-655.

49. Broer PN, Thiha A, Ehrl D, Sinno S, Juran S, Szpalski C, Ng R, Ninkovic M, Prantl L, Heidekrueger PI. The ideal ear position in Caucasian females. *J Craniomaxillofac Surg.* 2018. 46(3): 485-491.

50. Vaca EE, Bellamy JL, Sinno S, Rodriguez ED. Management of high-energy avulsive ballistic facial injury: a review of the literature and algorithmic approach. *Plast Reconstr Surg Glob Open.* 2018. 19;6(3):e1693.

51. David JA, Rifkin WJ, Saadeh PB, Sinno S. Assessing the value of a multimedia-based aesthetic curriculum in plastic surgery residency: a single-center pilot study. *Aesthet Surg J.* 2018. 12;38(12): 216-224.

52. Lee ZH, Sinno S, Poudrier G, Motosko CC, Chiodo M, Saia W, Gothard D, Thomson JE, Hazen A. Platelet rich plasma for photodamaged skin: a pilot study. *J Cosmet Dermatol.* 2018. Epub ahead of print.

53. Sinno S, Thorne CH. Cervical branch of the facial nerve: an explanation for recurrent platysma bands following necklift and platysmaplasty. *Aesthet Surg J.* 2019. 39(1): 1-7.

54. Mehta K, Sinno S, Thanik V, Weichman K, Janis JE, Patel A. Matching into integrated plastic surgery: the value of research fellowships. *Plast Reconstr Surg.* 2018. Epub ahead of print.

55. S Sinno, A Matarasso. Necklift. International Society of Aesthetic Plastic Surgeons.

2018. Epub ahead of print.

PUBLISHED ABSTRACTS:

1. Jeske WP, Sinno S, Thoreson A, Prechel MM, Walenga JM. Activation of neutrophils by antibodies generated in heparin-induced thrombocytopenia. *Blood*. 100(Supp 11):2708.
2. Jeske WP, Sinno S, Thoreson A, Prechel MM, Walenga JM. Activation of neutrophils by antibodies generated in heparin-induced thrombocytopenia. *Ann Hematol*. 2003. 82(Suppl 1):1-102.
3. Jeske WP, Sinno S, Thoreson A, Prechel MM, Walenga JM. Activation of neutrophils by antibodies generated in heparin-induced thrombocytopenia. *Journal of Thrombosis and Haemostasis*. 2003. 1(Suppl 1):1164.
4. Jeske WP, Sinno S, Thoreson A, Prechel MM, Walenga JM. Activation of neutrophils by antibodies generated in heparin-induced thrombocytopenia. *Int Angiol*. 2004. 23(Suppl 1):68.
5. Rajamannan NM, Flores A, Rafael M, Sinno S, Caira FC. Hypercholesterolemia induces a Notch1 splice variant and an increase in Lrp5 induced osteoblast-like expression in aortic stenosis and aortic aneurysms which is attenuated by Atorvastatin. *J Tissue Eng Regen Med*. 2007. 1(Suppl 1):218-242.
6. Sinno S, Guo S, Chen L, DiPietro LA. Proteomic differences in wounds from mucosa and skin. *Wound Repair and Regeneration*. 2011. 19(2):A8-A62.
7. Barr J, Sinno S, Cimino M, Saadeh P. Clinicians performing cosmetic surgery in the community: a nationwide analysis of physician certification. *Plast Reconstr Surg*. 2014. 133(4 Suppl): 987.
8. Sinno S, Chaudry A, Barr J, Wilson S, Saadeh P. Public perceptions of plastic surgery: analysis and implications for the future of out specialty. *Plast Reconstr Surg*. 2014. 134(2S):391.
9. Sinno S, Chaudry A, Chang JB, Zide B. The need for overcorrection and support with the deep-plane vertical “hike” flap: preventing and correcting ectropion. *Plast Reconstr Surg*. 2014. 134(2S):383.
10. Sinno S, Chaudry A, Mehta K, Saadeh P. Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature. *Plast Reconstr Surg*. 2014. 134(2S):385-386.

11. Mehta K, Sinno S, Spiegel M, Saadeh PB. Perforator based fasciocutaneous flap reconstruction of extremity skin cancer: a first choice. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):29.
12. Levine SM, Wilson SC, Sinno S, Rothwax J, Dillon A, Saadeh PB. Use of the morbidity and mortality conference to analyze patient death in plastic surgery: an 11-year single institution experience. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):48.
13. Sinno S, Levine S, Wilson S, Weinstein A, Saadeh PB. Medical residents' personal exposure on Facebook: behavioral trends and an interventional pilot study. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):65-66.
14. Sinno S, Chang JB, Thorne CH. Precision in otoplasty: combining reduction otoplasty with traditional otoplasty. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):113.
15. Sinno S, Wilson S, Billig J, Shapiro R, Choi M. Primary melanoma of the hand: an algorithmic approach to surgical management. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):115.
16. Sinno S, Chang JB, Chaudhry A, Saadeh PB. Determining the safety and efficacy of gluteal augmentation: a systematic review of outcomes and complications. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):130.
17. Sinno S, Chang JB, Chaudhry A, Saadeh PB, Lee MR. The role of depressor septi nasi manipulation in rhinoplasty: a systematic review. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):134-5.
18. Sinno S. Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature. *Plast Reconstr Surg.* 2014. 134(4 Suppl 1):133-4.
19. Sinno S, Schwitzer J, Anzai L, Thorne CH. Facelift satisfaction using the FACE-Q. *Plast Reconstr Surg.* 2015. 135(4): 1210.
20. Sinno S, Mehta K, Lee ZH, Saadeh PB, Hazen A. Platelet rich therapy for facial rejuvenation: a systematic review of the literature. *Plast Reconstr Surg.* 2015. 136(4S Suppl):145.
21. Sinno S, Schwitzer JA, Anzai L, Thorne CH. Facelift satisfaction using the FACE-Q. *Plast Reconstr Surg.* 2015. 136(4S Suppl):144.
22. Sinno S, Mehta K, Simmons C, Stuzin JM. Current trends in facial rejuvenation: an assessment of ASPS members utilization of fat grafting during facelifting. *Plast Reconstr Surg.* 2015. 136(4S Suppl):141.
23. Joseph WJ, Sinno S, Brownstone ND, Cleveland EC, Thanik VD. Creating the

perfect umbilicus: a systematic review of recent literature. *Plast Reconstr Surg*. 2015. 136(4S Suppl):97.

24. Sinno S, Wilson SC, Brownstone ND, Levine SM. Techniques and outcomes in fat grafting: using the evidence to determine fact or fiction. *Plast Reconstr Surg*. 2015. 136(4S Suppl):131-132.

25. Mehta K, Sinno S, Thanik V, Weichman K, Janis J, Patel A. Matching into plastic surgery: the value of research fellowships. *Plast Reconstr Surg – Global Open*. 2016. 4(9S): 112.

26. Sinno S, Hidalgo DA. Current trends and controversies in breast augmentation. *Plast Reconstr Surg Global Open*. 2016. 4(9S): 124-125.

PRESENTATIONS:

1. Massachusetts Institute of Technology Biotechnology and Engineering Symposium, April 2005. Boston, Massachusetts. “Drug delivery options.”

2. Department of Psychiatry Grand Rounds, Loyola University of Chicago, May 2010. Maywood, Illinois. “Body dysmorphic disorder.”

3. Illinois Society of Plastic Surgeons. June 2010. Chicago, Illinois. “A comparison of patient satisfaction in bilateral versus unilateral breast reconstruction.”

4. Midwest Association of Plastic Surgeons, May 2010. Chicago, Illinois. “Assessing the safety and efficacy of combined plastic and gynecologic surgery.”

5. Midwest Association of Plastic Surgeons, May 2011. Chicago, Illinois. “Management of thoracic aortic graft infections with the omental flap.”

6. Wound Healing Society, May 2011. Dallas, Texas. “Proteomic differences in wounds from mucosa and skin.”

7. New York University Department of Plastic Surgery Kazanjian Lecture Panel, September 2012. New York, NY. “Ethics in Plastic Surgery.”

8. American Society of Plastic Surgeons, October 2013. San Diego, California. “Primary Melanoma of the Hand: an Algorithmic Approach to Surgical Management.”

9. American Association of Plastic Surgeons, April 2014. Miami, Florida. “Clinicians Performing Cosmetic Surgery in the Community: A Nationwide Analysis of Physician Certification.”

10. American Society for Aesthetic Plastic Surgery, April 2014. San Francisco, California. "Precision in Otoplasty: Combining Reduction Otoplasty with Traditional Otoplasty."
11. Resident's Night, NYU Department of Plastic Surgery, June 2014. New York, New York. "Precision in Otoplasty: Combining Reduction Otoplasty with Traditional Otoplasty."
12. Lennox Hill Hospital Grand Rounds, July 2014. New York, New York. "Current Knowledge on Longevity of Fat Grafts to the Face and Body: Using the Evidence to Determine Fact or Fiction."
13. European Plastic Surgery Research Council, August 2014. Hamburg, Germany. "Public perceptions of plastic surgery: analysis and implications for the future of our specialty."
14. European Plastic Surgery Research Council, August 2014. Hamburg, Germany. "The need for overcorrection and support with the deep-plane vertical "hike" flap: preventing and correcting ectropion."
15. European Plastic Surgery Research Council, August 2014. Hamburg, Germany. "Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature."
16. International Society of Aesthetic Plastic Surgery, September 2014. Rio de Janeiro, Brazil. "Precision in Otoplasty: Combining Reduction Otoplasty with Traditional Otoplasty."
17. Northeastern Society of Plastic Surgeons, September 2014. Providence, Rhode Island. "Precision in Otoplasty: Combining Reduction Otoplasty with Traditional Otoplasty."
18. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Residency Characteristics that Matter Most to Plastic Surgery Applicants: A Multi-Institutional Analysis."
19. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Perforator based fasciocutaneous flap reconstruction of extremity skin cancer: a first choice."
20. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Use of the morbidity and mortality conference to analyze patient death in plastic surgery: an 11-year single institution experience"
21. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Medical residents' personal exposure on Facebook: behavioral trends and an interventional pilot study."

22. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Precision in otoplasty: combining reduction otoplasty with traditional otoplasty."
23. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Primary melanoma of the hand: an algorithmic approach to surgical management."
24. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Determining the safety and efficacy of gluteal augmentation: a systematic review of outcomes and complications."
25. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "The role of depressor septi nasi manipulation in rhinoplasty: a systematic review."
26. American Society of Plastic Surgeons, October 2014. Chicago, Illinois. "Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature."
27. New York University Department of Plastic Surgery Kazanjian Program, December 2014. "Precision in Otoplasty: Combining Reduction Otoplasty with Traditional Otoplasty."
28. New York University Department of Plastic Surgery Grand Rounds, December 2014. "Facial Paralysis."
29. New York Society of Plastic Surgeons Resident Night, May 2015. New York, New York. "Development of lymphatic reporter and conditional lymphatic knockout mice."
30. New York University Department of Plastic Surgery Grand Rounds, May 2015. "Abdominal Wall Reconstruction."
31. American Society of Aesthetic Plastic Surgery Webinar, February 2015. "RADAR for Residents."
32. Rhinoplasty Society Annual Meeting, May 2015. Montreal, Canada. "Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature."
33. American Society of Aesthetic Plastic Surgery Practice Changers, May 2015. Montreal, Canada. "RADAR for residents."
34. American Society of Aesthetic Plastic Surgery Practice Changers, May 2015. Montreal, Canada. "Precision in otoplasty: combining reduction with traditional otoplasty."
35. American Society of Aesthetic Plastic Surgery, Residents and Fellows Forum. May 2015. Montreal, Canada. "Determining the safety and efficacy of gluteal augmentation: a systematic review of outcomes and complications."

36. American Society of Aesthetic Plastic Surgery, May 2015. Montreal, Canada. "Facelift satisfaction using the FACE-Q."
37. New York University Department of Plastic Surgery Research Symposium, June 2015. New York, NY. "Facelift satisfaction using the FACE-Q."
38. New York University Department of Plastic Surgery Grand Rounds, July 2015. "Pressure Sores."
39. Northeastern Society of Plastic Surgeons, September 2015. Philadelphia, Pennsylvania. "Determining the safety and efficacy of gluteal augmentation: a systematic review of outcomes and complications."
40. Northeastern Society of Plastic Surgeons, September 2015. Philadelphia, Pennsylvania. "Facelift satisfaction using the FACE-Q."
41. Northeastern Society of Plastic Surgeons, September 2015. Philadelphia, Pennsylvania. "Current thoughts on fat grafting: using the evidence to determine fact or fiction."
42. American Society of Plastic Surgeons, October 2015. Boston, MA. "Vascular complications of soft tissue fillers."
43. American Society of Plastic Surgeons, October 2015. Boston, MA. "Current trends in facial rejuvenation: an assessment of ASPS members utilization of fat grafting during facelifting."
44. American Society of Plastic Surgeons, October 2015. Boston, MA. "Techniques and outcomes in fat grafting: using the evidence to determine fact or fiction."
45. American Society of Plastic Surgeons, October 2015. Boston, MA. "Free flap based breast reconstruction: a 35-year evolution."
46. American Society of Plastic Surgeons, October 2015. Boston, MA. "Facelift satisfaction using the FACE-Q."
47. American Society of Plastic Surgeons, October 2015. Boston, MA. "Platelet rich therapy for facial rejuvenation: a systematic review of the literature."
48. American Society of Plastic Surgeons, October 2015. Boston, MA. "Creating the perfect umbilicus: a systematic review of recent literature."
49. New York University Department of Plastic Surgery Grand Rounds, January 2016. "Abdominoplasty."

50. American Society of Plastic Surgery Nursing Annual Meeting, April 2016. Las Vegas, NV. "Vascular complications of soft tissue fillers."
51. American Society of Aesthetic Plastic Surgery Practice Changers, April 2016. Las Vegas, NV. "RADAR for residents."
52. American Society of Aesthetic Plastic Surgery Practice Changers, April 2016. Las Vegas, NV. "Vascular complications of soft tissue fillers."
53. American Society of Aesthetic Plastic Surgery Practice Changers, April 2016. Las Vegas, NV. "Classification of anatomic variations in rectus musculature and precision in abdominal contouring by muscular outlining with lipoaspirate deposition."
54. New York University Department of Plastic Surgery Research Symposium, June 2016. New York, NY. "A prospective study using validated outcome instruments for platelet rich plasma for facial rejuvenation."
55. NYC Health and Hospitals Breast Tumor Board Symposium, June 2016. New York, New NY. "Breast sharing technique for post-mastectomy breast reconstruction."
56. American Society of Plastic Surgeons, September 2016. Los Angeles, CA. "Beard reconstruction: a surgical algorithm."
57. American Society of Plastic Surgeons, September 2016. Los Angeles, CA. "Optimizing functional and aesthetic outcomes in post-burn head and neck reconstruction."
58. American Society of Plastic Surgeons, September 2016. Los Angeles, CA. "Current trends and controversies in breast augmentation."
59. American Association of Plastic Surgeons, April 2017. Austin, TX. "Is there a limit? A risk assessment model of liposuction and lipoaspirate volume on complications in abdominoplasty."
60. American Society of Aesthetic Plastic Surgery, April 2017. San Diego, CA. "RADAR for residents: learn how RADAR can enhance your residency."
61. American Society of Aesthetic Plastic Surgery, April 2017. San Diego, CA. "Cosmetic surgery training in plastic surgery residency."
62. American Society of Aesthetic Plastic Surgery, April 2017. San Diego, CA. "The cosmetic ladder for facial rejuvenation."
63. New York University Department of Plastic Surgery Research Symposium, June 2017. New York, NY. "The value of a multimedia-based aesthetic curriculum in plastic surgery residency."

64. Society of Plastic Surgical Skin Care Specialists Symposium, April 2018. New York, NY. "Injectable filler safety."

65. International Society of Plastic and Aesthetic Nurses, April 2018. New York, NY. "Surgical facial rejuvenation."

TEXTBOOKS AND BOOK CHAPTERS:

1. Sammy Sinno. "Gluteal Augmentation." Essentials of Aesthetic Surgery (Jeffrey Janis). CRC Press. Boca Raton, Florida. In press.
2. Sammy Sinno. "Anesthesia for the Aesthetic Patient." Essentials of Aesthetic Surgery (Jeffrey Janis). CRC Press. Boca Raton, Florida. In press.
3. Sammy Sinno. "Cosmeceuticals." Essentials of Aesthetic Surgery (Jeffrey Janis). CRC Press, Boca Raton. Florida. In press.
4. Sammy Sinno. "Ethnic Skin Care." Essentials of Aesthetic Surgery (Jeffrey Janis). CRC Press. Boca Raton, Florida. In press.
5. Alan Matarasso, Sammy Sinno. "Necklift." Dissecting the Facelift. Beyond Black. London, England. 2016.
6. Sammy Sinno, Barry Zide. "Cheek Reconstruction with Laterally Based Cervicofacial Flap." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.
7. Alan Matarasso, Sammy Sinno. "Buccal Fat Pad Excision." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.
8. Sammy Sinno. "Injection of Botulinum Toxin to Soften Crow's Feet." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.
9. David A. Hidalgo, Sammy Sinno. "Indications and Techniques for Face and Necklifting." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.
10. Charles H. Thorne, Sammy Sinno. "Indications and Technique for Skin Pinch Skin Excision in the Lower Eyelid." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.
11. Alan Matarasso, Sammy Sinno. "Isolated Necklift." Operative Techniques in Plastic Surgery. Wolters Kluwer. New York, New York. In press.

12. James M. Stuzin, Sammy Sinno. "Indications and Technique for Extended SMAS Facelift." *Operative Techniques in Plastic Surgery*. Wolters Kluwer. New York, New York. In press.
13. Charles H. Thorne, Sammy Sinno. "Indications and Techniques for Open Rhinoplasty in Patients with Dorsal Hump and Wide Tip." *Operative Techniques in Plastic Surgery*. Wolters Kluwer. New York, New York. In press.
14. Michael R. Lee, Sammy Sinno, Rod J. Rohrich. "Indications and Technique for Surgical Treatment of the Depressor Septi Nasi Muscle." *Operative Techniques in Plastic Surgery*. Wolters Kluwer. New York, New York. In press.
15. Sherrell J. Aston, Sammy Sinno. "The Male Facelift: Expert Technique." *Male Plastic Surgery*. Thieme. New York, New York. In press.
16. Sergey Turin, Sammy Sinno. "The Male Model Makeover." *Male Plastic Surgery*. Thieme. New York, New York. In press.
17. Sergey Turin, Sammy Sinno. "Body Banking." *Male Plastic Surgery*. Thieme. New York, New York. In press.
18. Section Editor: Facial Aesthetics. *Operative Techniques in Plastic Surgery*. Wolters Kluwer. New York, New York. In press.
19. Sammy Sinno, Jacob Under. "Injectable Fillers." *Essentials of Plastic Surgery for Medical Students*. New York, New York.

PRESS RELEASES:

1. Current trends in facial rejuvenation: an assessment of ASPS members utilization of fat grafting during facelifting. Selected as a press release by the American Society of Plastic Surgeons. June 2015.
2. Current trends in facial rejuvenation: an assessment of ASPS members utilization of fat grafting during facelifting. Selected as a press release by New York University Medical Center. July 2015.
3. Current trends and controversies in breast augmentation. Selected as a press release by the American Society of Plastic Surgeons. March 2016.
4. Hot topics in body contouring. Interview for *Plastic and Reconstructive Surgery Journal* at Plastic Surgery the Meeting. October 2018.

5. Cervical branch of the facial nerve: an explanation for recurrent platysma bands following necklift and platysmaplasty. Video for Aesthetic Surgery Journal. January 2019.

GRANTS:

1. Aesthetic Surgery Education and Research Foundation. "Defining the extent and limitations of the SMAS-platysma unit." \$11,650.00, awarded in September 2015.
2. Plastic Surgery Foundation/American Society of Maxillofacial Surgeons. "3-D printing of nasal cartilage." \$10,000.00, in preparation.

INVITED COURSE FACULTY:

1. American Society of Aesthetic Plastic Surgery Facial Aesthetic Symposium. Rhinoplasty cadaver course. January 2016. Las Vegas, NV.
2. Plastic Surgery Education Network. Aesthetic Section: "facelifting with fat grafting." May 2016.
3. Plastic Surgery Education Network. Aesthetic Section: "dermal filler safety course." May 2016.
4. American Society of Aesthetic Plastic Surgery Facial Aesthetic Symposium. Rhinoplasty cadaver course. January 2017. Las Vegas, NV.
5. American Society of Aesthetic Plastic Surgery Facial Aesthetic Symposium. Audience moderator, surgical necklift panel. April 2017. San Diego, CA.
6. American Society of Aesthetic Plastic Surgery Facial Aesthetic Symposium. Rhinoplasty cadaver course instructor. January 2018. Las Vegas, NV.
7. Midwest Association of Plastic Surgeons. Cosmetic paper session moderator. May 2018. Chicago, IL.
7. American Society of Aesthetic Plastic Surgery Facial Aesthetic Symposium. Rhinoplasty cadaver course instructor and necklift panel moderator. January 2019. Las Vegas, NV.
8. Dallas Rhinoplasty. Rhinoplasty cadaver course instructor. March 2019. Dallas, TX.

POSTERS:

1. International Society on Thrombosis and Hemostasis, May 2003. Birmingham, England. Activation of neutrophils by antibodies generated in heparin-induced thrombocytopenia.
2. American Heart Association, November 2007. Chicago, Illinois. Lrp5 stem cell mediated prosthetic valve calcification.
3. Loyola University of Chicago Research Symposium, November 2008. Maywood, Illinois. Proteomic differences in wounds from mucosa and skin.
4. Loyola University of Chicago Research Symposium, November 2009. Maywood, Illinois. Assessing the safety and efficacy of combined plastic and gynecologic surgery.
5. Loyola University of Chicago Research Symposium, November 2010. Maywood, Illinois. Honey and wound healing: an overview.
6. Loyola University of Chicago Research Symposium, November 2010. Maywood, Illinois. A comparison of patient satisfaction in bilateral versus unilateral breast reconstruction.
7. Loyola University of Chicago Interdisciplinary Research Symposium, September 2010. Assessing the safety and efficacy of combined plastic and gynecologic surgery.
8. Wound Healing Society, May 2011. Dallas, Texas. Proteomic differences in wounds from mucosa and skin.
9. American Association of Plastic Surgeons, April 2014. Miami, Florida. Public perceptions of plastic surgery: analysis and implications for the future of our specialty.
10. American Society for Aesthetic Plastic Surgery, April 2014. San Francisco, California. Precision in otoplasty: combining reduction otoplasty with traditional otoplasty.
11. American Society for Aesthetic Plastic Surgery, April 2014. San Francisco, California. Clinicians performing cosmetic surgery in the community: a nationwide analysis of physician certification.
12. American Society for Aesthetic Plastic Surgery, April 2014. San Francisco, California. Public perceptions of plastic surgery: analysis and implications for the future of our specialty.
13. Readily Available Digital Aesthetic Resource, electronic poster, Spring 2014. Precision in otoplasty: combining reduction otoplasty with traditional otoplasty.

14. Readily Available Digital Aesthetic Resource, electronic poster, Spring 2014. Clinicians performing cosmetic surgery in the community: a nationwide analysis of physician certification.
15. Readily Available Digital Aesthetic Resource, electronic poster, Spring 2014. Public perceptions of plastic surgery: analysis and implications for the future of our specialty.
16. American Association for Hand Surgery, January 2015. Atlantis, Bahamas. Primary melanoma of the hand: an algorithmic approach to surgical management.
17. New York University Medical Center Quality Safety Day, May 2015. New York, New York. Primary melanoma of the hand: an algorithmic approach to surgical management.
18. American Association of Plastic Surgeons, April 2015. Scottsdale, AZ. Facelift satisfaction using the FACE-Q.
19. American Society of Aesthetic Plastic Surgery, May 2015. Montreal, Canada. Assessing approaches to the inferior turbinate in rhinoplasty: a systematic review of the literature.
20. American Association of Plastic Surgeons, May 2016. New York, New York. Determining the safety and efficacy of platelet rich plasma for facial rejuvenation: a systematic review.
21. American Association of Plastic Surgeons, May 2016. New York, New York. A prospective study using validated outcome instruments for platelet rich plasma for facial rejuvenation.
22. New York Regional Society of Plastic Surgeons, March 2017. New York, New York. A prospective study using validated outcome instruments for platelet rich plasma for facial rejuvenation.

RADIO/PODCAST APPEARANCES:

1. SiriusXM Doctor Radio. December 2015. "Aesthetic surgery."
2. Plastic and Reconstructive Surgery Journal Club Podcast. December 2015-present.
3. Sirius XM Doctor Radio. May 2016. "Facial rejuvenation."
4. SiriusXM Doctor Radio. November 2016. "Aesthetic surgery."

HONORS AND AWARDS:

2018	Best Paper Award, Plastic and Reconstructive Surgery Journal
2016	Folio Digital Award Winner for Plastic and Reconstructive Surgery Journal Club-Best Online Community.
2016	APEX Award for Publication Excellence, Education and Training, Plastic and Reconstructive Surgery Journal Club
2016	1 st Place, First Annual NYC Health and Hospitals Breast Tumor Board Symposium
2015	Aesthetic Surgery Education and Research Foundation Resident Travel Scholarship
2015	APEX Award for Publication Excellence, Plastic and Reconstructive Surgery Journal Blog
2014	“Best Clinical Paper” Award, Northeastern Society of Plastic Surgeons Annual Meeting. September 2014. Providence, Rhode Island
2014	Gaspar W. Anastasi Award for highest rated resident/fellow presentation at American Society for Aesthetic Plastic Surgery Annual Meeting. May 2014. San Francisco, California
2014	Marquis Who’s Who in America
2011	<p>Outstanding Performance Award in Clinical Sciences for highest grade average in 3rd and 4th years of medical school</p> <ul style="list-style-type: none"> • Honors in all clinical rotations including: Surgery, Medicine, Pediatrics, Obstetrics and Gynecology, Psychiatry, Family Medicine, Neurology, Medicine Sub-Internship • Perfect “100” rating in Surgery clerkship
2011	Outstanding Performance Award in Psychiatry clerkship
2010	Alpha Omega Alpha Honors Society
2008	Student Training in Approaches to Research (STAR) Program Scholarship Award
2005-2006	Northwestern University Pre-Doctoral Fellowship

Scholarship Award

2004 MIT Undergraduate Research Scholarship Award

2001-2003 Volunteer of the Year Award, Westlake Community Hospital

LEADERSHIP, PROFESSIONAL MEMBERSHIPS, COMMITTEE ASSIGNMENTS:

2018-present American Society of Aesthetic Plastic Surgery, Candidate Member

2018-present American Society of Plastic Surgeons, Candidate Member

2018-present The Rhinoplasty Society, Candidate Member

2018-present American Society of Aesthetic Plastic Surgery Resident and Fellow Forum Workgroup

2018-present ASERF Steering Committee

2018-present Plastic Surgery Education Network Work Group

2018-present American Society of Aesthetic Plastic Surgery Electronic Communications Committee

2017-2018 Wellness Committee for Northwestern Plastic Surgery Residency

2017-present Rhinoplasty Performance Measure Work Group, American Society of Plastic Surgeons

2017-present American Society of Aesthetic Plastic Surgery Young Aesthetic Plastic Surgeons Committee

2017-present American Society of Aesthetic Plastic Surgery Social Media Task Force Committee

2017-present American Society of Aesthetic Plastic Surgery RADAR Resource Editorial Committee

2016-present Plastic and Reconstructive Surgery Global Open Editorial Board

2016	Plastic and Reconstructive Surgery Journal Strategic Planning
2016	Clinical Instructor, NYU Surgical Cadaver Lab
2015-2016	Plastic and Reconstructive Surgery Editorial Board, Resident Ambassador
2015-present	Plastic Surgery Education Network Editorial Sub-Committee
2015-present	Plastic and Reconstructive Surgery Journal, Peer Reviewer
2015-present	Plastic and Reconstructive Surgery Global-Open, Peer Reviewer
2014-present	Contributor to Plastic and Reconstructive Surgery Resident Reader Curriculum
2014-present	American Society of Plastic Surgeons Annual Meeting Program and Instructional Course Committee
2014-2016	RADAR for Residents Committee Vice Chair
2014, 2015	American Society for Aesthetic Plastic Surgery Strategic Planning
2014, 2015	Panelist, American Society for Aesthetic Plastic Surgery for Medical Students Interested in Plastic Surgery Program
2014-present	Aesthetic Surgery Education and Research Foundation Innovative Procedures Committee
2014-present	Plastic and Reconstructive Surgery Journal Resident Curriculum Committee
2014-present	American Academy of Facial and Reconstructive Surgery, Resident Member
2014-present	Plastic and Reconstructive Surgery Resident Blogger
2014-present	Northeastern Society of Plastic Surgeons Resident Member
2014-present	American Society of Maxillofacial Surgeons resident affiliate

2014-present	Readily Available Digital Aesthetic Resource (RADAR) Education and Technology Development Committee
2014-present	NYU Housestaff Wellness Committee
2013-present	Aesthetic Surgery Journal, Reviewer
2013-present	Young Plastic Surgery Committee
2013-present	American Society for Laser Medicine member
2013	American Society for Plastic Surgeons Grand Rounds Mentor Program, Cosmetic Track
2012-present	National Foundation for Facial Reconstruction resident member
2012	NYU Plastic Surgery Website Committee
2012	Ethics Symposium Panelist: “What kind of plastic surgery is society responsible for funding?” NYU Plastic Surgery Kazanjian Lecture, November 13 th , 2012.
2012-2014	NYU Electronic Digital Record Committee
2011	Medscape guest expert interview, “Honey and Wound Healing”
2011-present	American Society of Plastic Surgeons resident member
2011-present	American Society for Aesthetic Plastic Surgery resident member
2010-2011	Founder and President of the Loyola University of Chicago Plastic and Reconstructive Surgery Interest Group
2010	Vice President, Loyola University of Chicago American Physician Scientist Association
2010	Loyola University of Chicago Dean’s Alumni Council
2007-2011	Teaching Assistant in gross anatomy, surgery clerkship, medicine clerkship, patient centered medicine, USMLE Step 1, Loyola University of Chicago

SERVICE:

2012-2016	Races for Faces, National Foundation for Facial Reconstruction/myFace, New York, New York
2009-2010	Loyola University of Chicago Medical Mobility Unit, Chicago, Illinois
2005-2007	Hospital volunteer, Northwestern Memorial Hospital Chicago, Illinois
2004-2005	Hospital volunteer, Massachusetts General Hospital, Boston, Massachusetts
2001-2003	Hospital volunteer, Westlake Community Hospital, Melrose Park, Illinois

HOBBIES/INTERESTS:

- classical piano (three time state champion, scholarship and international diploma recipient), fitness, martial arts, wedding minister, tennis, cooking, travel